



Sharing

Food in a Hungry World

THIS ACTIVITY DEMONSTRATES, in a simple way, the relationship between distribution of people and food in the global setting.

TIME REQUIRED: 20 MINUTES | INTENDED FOR GRADES 9-12



MATERIALS NEEDED

- » Butcher paper and markers
- » World map
- » Bread, one large uncut loaf
- » Visit worldvision.org/lp/acsi-teacher-resources for a video you can show to support this lesson. (optional)



Activity Steps

ON THE WORLD MAP, point out the five most populated regions: Africa, Asia, Europe, Latin America, and North America. Explain that most of the people live where they were born and did not choose their birthplace, just as the participants did not have that choice.

DIVIDE THE GROUP into smaller groups, each representing one of the following continents, by size according to the percentages listed next to each continent:

- » Asia, 60%
- » Africa, 16%
- » Europe, 10%
- » Latin America and the Caribbean, 8.5%
- » Northern America, 5%

HOLD UP the loaf of uncut bread and explain that it represents all the food that will be eaten today in the world. Then, divide the loaf according to the percentages listed by each of the five continents and give the pieces to one person in each group.

4

DESIGNATE ONE PERSON to serve as the leader of each small group. Instruct each small-group leader to feed the group's members. They might give the same portion to everyone, or be more realistic and give larger pieces to the ones who are considered rich and no bread to some others—the poor, for example. Continents without much bread may try to get bread from others. Encourage discussion within and between continents. Tell them not to eat the bread until after the simulation.

5

ASK ALL PARTICIPANTS to hold up their pieces of bread. Point out that the actions and feelings they experienced during the simulation are also happening every day on the continents.

6

CONCLUDE BY INVITING the participants to join you in prayer. Pray for hungry people everywhere. Pray especially for hungry children. Pray for those who have gone without food today. Pray for parents who struggle to provide food for their children. Pray for a world where no one goes hungry ever again.

